



Charity No. 1086425



## Guisborough Bridge Association

58a Westgate

Guisborough

Cleveland

TS14 6AY

Office Tel: 01287 638771

07890 228851 (Shona)

07436 110283 (Joanna)

E: [staff@guisborough-bridge.org.uk](mailto:staff@guisborough-bridge.org.uk)

W: [www.guisborough-bridge.org.uk](http://www.guisborough-bridge.org.uk)

## Summer 2019

### Newsletter

As we move towards the summer holiday and all the fun activities we have planned for children, youth and families [**\*\*** see the notice board below] we are also thinking about work with the older members of the community – we have 2 new projects in the planning with the elderly and one new group with our teenagers starting over the next few months ☺

### Project Focus – New projects

- A new exercise class for 60+ is starting in the next few weeks on Fridays at Hinton Court - our Friday Move to Music sessions will involve chair-bound exercises with a musical element and then we will finish with a light lunch
- We are looking at a Dementia friendly music group for carers as well as those suffering from dementia – we are looking at running these at St Paulinus/Hinton Court with a start date in September planned
- For our teens, as they started to ask many more questions during the Getwell week, we are hoping to run a Youth Alpha course in the autumn at St Nicholas Church Hall, before their Youth session on Sundays. It will run from 6pm to 7.30pm with pizza/food included ☺

We are excited about these new ventures and if you want to find out more/want to get involved or want to participate please speak to a member of the staff team.

Thanks for your ongoing support – we couldn't do any of these things without you, Shona, Joanna, Juanita and Sam <><

**Key Dates** **Prayer Breakfast** – 8am on the 7<sup>th</sup> September at the United Reformed Church  
**August Holiday Club** – Mission Rescue will run at St Nicholas Church Hall from the 5<sup>th</sup> to the 9<sup>th</sup> August from 9am to 1pm with lunch at the end ... you can sign up via our email/Facebook page or at one of our projects. On Wednesday, Thursday and Friday we have extra activities with Scripture Union, the Evangelical Church & Christian Fellowship:  
**Wed 7<sup>th</sup>** – Multi-sports at King George V Playing Field  
**Thurs 8<sup>th</sup>** – Games and Crafts at Guisborough Priory  
**Friday 9<sup>th</sup>** – Treasure Hunt plus other fun stuff at the Priory  
**Kirkleatham Trip** – Family trip on Wed 31<sup>st</sup> July leave from Methodist Church at 9.30am & arrive back about 4pm. Transport/Picnic provided but £1 deposit per child requested ☺  
**Fun and Food4All** sessions over the summer – 26<sup>th</sup> and 29<sup>th</sup> July, 2<sup>nd</sup>, 19<sup>th</sup> and 23<sup>rd</sup> August from 11am to 1pm with cooking, crafts and games as well as a lovely lunch  
These are our sessions to try to prevent holiday hunger and have regularly been supported by a grant from Together Middlesbrough and Cleveland #feastoffun programme  
Plus for our regular activities please see our website or leaflets for details

