



Guisborough Bridge Association
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Bridge News: September 2016

- **Alpha Course at the Galley Hill Centre** – Tuesday 6th September from 7- 9 Guisborough Christian Fellowship will be starting an **Alpha Course** running each Tuesday evening.
- **Guisborough Forest Festival** – Sunday, 11th September. The Bridge and Churches Together will be represented at this year's event. If you can help staff our stall and/or bake please contact Viv, Shona or Christine Smith.
- **Trustees Meeting** – Monday 12th September.
- **Death Café at Sunnyfield House** – Thursday 15th September - doors open at 6.30 for a 7.00 pm start.
- **Bridge Coffee Morning at GMC** – Saturday 17th September from 9.00 – 12.00. If you can help or bake, or even help and bake, please contact Shona or Viv as soon as possible.
- **Get Set, Go!** – Sunday 18th September from 3.00 – 5.00pm at GMC – the first of our new children and family events.
- **Costa Coffee Worship:** Tuesday 20th September, 7-8 pm ☺ come along, everyone is welcome, and share in fellowship, music and chat.
- **Kemplah Luncheon Club** – There are now a couple of vacancies for new guests including transport. If you are, or know of any, elderly and housebound people who may wish to become regular attenders please get in touch.
- **Bridge Prayer Breakfast:** Saturday 24th September, St Paulinus.
- **Monday Friends Club:** meets every Monday in Sunnyfield House for a chance to meet friends old and new. Volunteer bakers needed once a month. Please contact Viv or Karen if you can help.
- **Tuesday Coffee Morning:** can you spare one morning a month to help or bake for us?
- **Thursday Quiet Time:** Guisborough United Reformed Church is open every Thursday from 11.30 until 12 offering a quiet time for prayer and reflection. Everyone is welcome.
- **Guisboro Recovery Forum** offering confidential support with health issues, including addictions, is available at GMC on the 4th Saturday of the month. People are welcome to text or phone **07519812066** .
- **Donations** – we would be happy to receive any unused toiletries, jigsaws and books etc.
- **FoodStop** all donations are appreciated – we are getting short of fruit squash and fruit juices, tinned vegetables, especially potatoes (but not sweetcorn), tinned meat (but not tuna), sponge puddings, plain rice, jam and pasta sauces and toiletries – soap, shampoo, shower gel, toothpaste, toothbrushes etc. ☺
- **Soup & Roll** – could you, or someone you know, volunteer, one Thursday a month? We welcome bakers and soup makers in addition to those who serve, wash-up, take money, set up and clear away.

Wishing you every blessing, *Shona, Jenny, Vivienne and Juanita* <><