



Guisborough Bridge Association

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Bridge News: November 2016

- Angels and Demons, a musical event Saturday 29th October at St Nicholas Church, proceeds will be shared between the Bridge and the Mayor's Charity.
- **Guisboro Recovery Forum -** Monday 14th November, 7.00 9.00 pm, and Saturday 26th November, 12.30 2.00 pm, offering confidential support with health issues, including addictions, begins in its new venue the Bridge Office. People are welcome to text or phone **07519812066**.
- Costa Coffee Worship Tuesday 15th November, 7-8 pm © come along, everyone is welcome, and share in fellowship, music and chat.
- Bridge Prayer Breakfast Saturday 26th November at 8.00 am, St Nicholas.
- **Kemplah Luncheon Club** there are a couple of vacancies for new guests including transport. If you, or anyone you know, may wish to become regular attenders please get in touch.
- **Monday Friends Club** meets every Monday in Sunnyfield House for a chance to meet friends old and new. Volunteer bakers needed once a month. Please contact Viv or Karen if you can help.
- Tuesday Coffee Morning can you spare one morning a month to help or bake for us?
- Thursday Quiet Time Guisborough United Reformed Church is open every Thursday from 11.30 until 12 offering a quiet time for prayer and reflection. Everyone is welcome.
- FoodStop all donations are appreciated our suggestions are fruit squash and fruit juices, tinned vegetables, especially potatoes (but not sweetcorn), tinned meat (but not tuna), sponge puddings, plain rice, jam and pasta sauces and toiletries soap, shampoo, shower gel, toothpaste, toothbrushes etc. ©
- Soup & Roll could you, or someone you know, volunteer, one Thursday a month? We welcome bakers and soup makers in addition to those who serve, wash-up, take money, set up and clear away.
- **Death Café** our next meeting is on Thursday 24th November please come along and find out what it's all about.
- Christmas Day Meal if you would like to join us, or help in any way, please get in touch our first planning meeting is Wednesday 2nd November at 2.00pm ion the Youth Room at GMC!
- **Get Set, Go!** Sunday 4th December from 3.00 5.00pm at GMC a children and family event with a Christmas theme!
- Carol Singing can you spare us an hour or two to sing on any of these December dates please?
 Thursday 15th and Tuesday 20th at Guisborough Morrisons and Monday 19th at Sainsbury's, Morgan Drive.
- Evening Gazette Wish Tokens please save us your Wish Tokens for Bridge funds.

Wishing you every blessing, Shona, Jenny, Vivienne and Juanita <><