



Charity No. 1086425



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Bridge News: February 2018

A new year and we are trialling a slightly different newsletter so you can find out more detail about our different projects & wonderful volunteers.

Project Focus – Kemplah

As many of you know Kemplah has been running for several years at Kemplah House with a minibus picking up our guests, many that rarely get out of their own homes.

It is a lovely time for people to meet together, enjoy a meal and get some mental stimulation through games and conversation.

Over the last few months we have had to move location as Kemplah has had kitchen problems with no working oven; after asking round and looking at other options we are currently running the project from Guisborough Methodist Church every Wednesday and TVRCC [Tees Valley Rural Community Council] are now thankfully providing the transport at a low cost.

One of our loyal volunteers, Audrey Johnson, shared that she enjoys seeing the guests enjoying 'fellowship and friendship' as they play dominoes, chat together and enjoy their meal.

We are pleased to say that we have received a grant from TVCF [Tees Valley Community Foundation] and Sport England to train our volunteers in leading some gentle exercise and sporting activities for older people. Thus we plan to expand on our current armchair exercises ... we may also do some activities at other events like Monday Friends or coffee mornings!!

If you are interested in the training please let us know as we would like it to be widely available.

The project has lost a few volunteers recently and if you would be interested in seeing what it entails please speak to Joanna or message the staff at the email above, thank you ☺

On Saturday 3rd February we are having a coffee morning to raise funds for our Easter event and Summer trip please pop along to enjoy coffee and cake, you'll be very welcome!!

We hope 2018 is going to be an exciting year serving our community and thank you for your support ☺ Joanna, Juanita and Shona <><

Key Dates in February

Prayer Breakfast – February 3rd at 32 Thame Avenue the home of Claire and Nick Wells
Fun and Food4All – Monday 12th and Friday 16th from 11am to 1pm at Guisborough Methodist, family friendly activities and a meal.

Get Set Go – February 18th from 3-5pm at Guisborough Methodist with a Love theme ❤️

***** EGM – Monday 19th February 7.30pm at Guisborough Methodist to appoint 1 or maybe 2 new trustees and update you on our work *****

Costa – Tuesday 20th Feb from 6-7pm

Plus our regular activities – see our website or leaflets for details